



Loved One's Name

Job Title:	Family Caregiver	Supervisors/Overseers:	The Loved One (Patient), Physicians, Professional Caregivers, Courts, Patient Advocates, etc.
Location:	Home and Care Facilities	Travel Required:	As needed
Level/Salary Range:	Unpaid, or minimal	Position Type:	Select: <i>full-time, part-time, job share</i>
Will Train Applicant(s):	Some training available	Level of Difficulty:	<i>Basic, Moderate, Significant</i>

Job Description

ROLE AND RESPONSIBILITIES

To do whatever needs to be done to aid a loved one with functional, cognitive or other limitations whether in the home and/or in a care facility.

- Navigate the complexities of the healthcare delivery, regulatory and payment systems
- Assist with personal care and activities of daily living
 - Bathing, dressing, toileting
 - Transferring from bed to chair to auto
 - Eating/feeding
 - Social and intellectual engagement, exercise
- Facilitate Independent Living by overseeing/providing
 - Use of a phone, transportation, shopping
 - Food preparation, housekeeping, laundry
 - Handling medical supplies, equipment, medications
 - Management of finances, insurance and appointments
 - Participation in hobbies, interests and engaging activities
 - Installation of medical and remote monitoring equipment
 - scheduling of sitters and caregivers, as needed
 - care of pets/service animals, if any
- Perform medical and nursing tasks (*select all that apply*)
 - Participate in hand-offs and facilitate follow-up care after hospital discharge
 - Schedule and coordinate physician, therapy and other appointments
 - Continual assessment of individual's health status – new symptoms, decompensation, isolation, cognitive decline,
 - Perform wound care
 - Monitor pain management
 - Monitor physical/occupational/speech exercises
 - Manage incontinence
 - Manage special diets, tube feeding, etc.
 - Manage multiple medications (pills, liquids, injections, infusions, eye drops, skin patches, etc)
 - Monitor for medication side effects, drug/food interactions
 - Monitor blood pressure, temperature, oxygen levels, pulse, heart rate, etc.
 - Minimize the need for hospitalization/re-admission and consult care coordinators and patient navigators for support

- Perform education and re-education, as needed, on equipment, the patient portal, apps, medications, exercise, self-care, personal safety/security
- Monitor the environment to identify safety risks and develop corrective action plans (fall risk/hazards, bed safety, security, personal alarm(s), driving, firearms,
- Seek emergent assistance if the patient becomes a danger to self, others or gravely disabled.
- Care for self; to be able to care for others
 - Get plenty of rest, take breaks and manage stress
 - Attend to personal physical, emotional, family and financial wellbeing
 - Identifying opportunities for breaks from care responsibilities or respite care
 - Don't attempt to do everything
- Monitor for evidence of exploitation, undue influence, coercion, manipulation and physical abuse
- Provide support for end of life decision making and care
- Serve as Power of Attorney, Guardian, Executor, as needed.
- Safeguarding/sale/disposal of property, as needed.

QUALIFICATIONS AND EDUCATION REQUIREMENTS

Nurse at heart and commitment to another

PREFERRED SKILLS

Nursing/patient care, management, conflict resolution, multitasking, love, compassion, empathy, flexibility, patience and willingness to learn

ADDITIONAL NOTES

Finance, legal medical, therapeutic, social support, and leadership skills highly desirable.

Reviewed By:	Name	Date:	Date
Approved By:	Name	Date:	Date
Last Updated By:	Name	Date/Time:	Date/Time

